

North Weald Bridleways and Riding Club

Biomechanics taster day

23rd July 2017

at Springfield Farm

Pitt Road

KINGSWOOD

Would you like to learn with a coach who can tell you exactly how to sit and to influence the horse? Would you like more “feel”? Would you like to know what talented riders actually do and why they cannot convey that knowledge in words?

The way you sit has a profound influence on your horse, and for each little change that you make, he changes too. Learn how this works and your riding becomes extremely ethical, and your horse miraculously “gets it”.

Maddi Burchell is a classically trained Dressage Rider that has ridden at all levels of dressage. She has competed and trained both Nationally & Internationally.

Maddi is a BD Accredited Coach (UKCC3), a BHS Accredited Professional Coach, a qualified Rider Biomechanics Coach, and is on the BD Judges list and is due to sit her List 3 exam this year. She has many years experience Coaching and Training horses and riders of all levels and abilities and in many disciplines. Her current clients compete not only in Dressage, but also Affiliated Show Jumping, BE Eventing, Affiliated Carriage Driving and Western Riding. Maddi not only works with able-bodied riders, but also Para Riders.

If you would like to come and join us book in on the form below

The price is £ 30 for 1 hour with two people sharing (it works well to learn from each other)

Name

Horse/pony.....

Usual tack and casual wear but hard hats must be worn

Contact Sue Saunders 07980 278965

I will phone on Friday 21st with times